

Hail Mary



Hail Mary,
full of grace,
the Lord is with you.
Blessed are you among women
and blessed is the fruit
of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

The Hail Mary

The Hail Mary, or *Ave Maria* or the Angelic Salutation, is a traditional Catholic prayer asking for the intercession of the Virgin Mary, the mother of Jesus.

The Hail Mary forms the basis of the Rosary.

It is widely used by Eastern Catholic and the Orthodox Churches.

In the Gospels

The words in the first part of the Hail Mary come from the Angel's greeting to Mary and can be found in Luke 1:28-35, 42-48.

The petition was added by St Peter Canisius SJ in 1555.

For Parents and Teachers

Pray the Hail Mary before meals during the month of May and on feast days of Mary. The Annunciation (25 March), The Visitation (31 May), The Assumption (15 August), Birthday of Mary (8 September), Holy Name of Mary (12 September), and The Immaculate Conception (8 December).