

## Foundational Gospel Values

### The Two Great Commandments (Matthew 22:37-40, Mark 12:29-31, Luke 10:27)

- You shall love the Lord your God with all your heart, with all your soul, and all your mind, and with all your strength.
- You shall love your neighbour as yourself.

### The Golden Rule (Matthew 7:12)

- Always treat others as you would like them to treat you.

### The Law of Love (John 15:12)

- Love one another as I have loved you.

### The Beatitudes (Matthew 5:3-12, Luke 6:2-26 and CCC 1716)

There are two accounts in Scripture. The more familiar are the 8 Beatitudes found in the Gospel of Matthew (below), which form part of the Sermon on the Mount. The Gospel of Luke has 4 blessings and 4 woes, as part of the Sermon on the Plain. Each Beatitude consists of 2 phrases: a condition and a result.

- Blessed are the poor in spirit, for the kingdom of heaven is theirs.
- Blessed are they that mourn, for they shall be comforted.
- Blessed are the meek, they shall inherit the earth.
- Blessed are they who hunger and thirst for righteousness, they will be satisfied.
- Blessed are the merciful, they will be shown mercy.
- Blessed are the pure of heart, they will see God.
- Blessed are the peacemakers, they will be called children of God.
- Blessed are they who are persecuted for the sake of righteousness, the kingdom of heaven is theirs.



### **Corporal Works of Mercy**

(Matthew 25:31-46 and CCC 2447)

The corporal works of mercy are derived from Matthew 25:31-46, '... just as you did it to one of the least of these who are members of my family, you did it to me.'

- Feed the hungry.
- Give drink to the thirsty.
- Shelter the homeless.
- Clothe the naked.
- Care for the sick.
- Help the imprisoned.
- Bury the dead.

<p><b>Theological Virtues</b> (1 Corinthians 13:13 and CCC 1812-1829)</p> <p>The theological virtues relate directly to God. They form the foundation of Christian moral behaviour.</p>	<p><b>Cardinal Virtues</b> (Wisdom 8:7 and CCC 1805)</p> <p>The cardinal virtues are the moral values on which all other values are based.</p>
<ul style="list-style-type: none"><li>• Faith</li><li>• Hope</li><li>• Love</li></ul>	<ul style="list-style-type: none"><li>• Prudence</li><li>• Justice</li><li>• Fortitude</li><li>• Temperance</li></ul>



### Gifts of the Holy Spirit

(Isaiah 11:1-2 and CCC 1831)

Traditionally there are seven spiritual graces or gifts of the Holy Spirit, see Isaiah 11:1-2. St. Paul identifies nine gifts of the Holy Spirit in 1 Corinthians 12:8-10.

Traditional	Contemporary	1 Corinthians 12:8-10
<ul style="list-style-type: none"> <li>• Wisdom</li> <li>• Understanding</li> <li>• Counsel</li> <li>• Fortitude</li> <li>• Knowledge</li> <li>• Piety</li> <li>• Fear of the Lord</li> </ul>	<ul style="list-style-type: none"> <li>• Wisdom</li> <li>• Understanding</li> <li>• Right Judgement</li> <li>• Courage</li> <li>• Knowledge</li> <li>• Reverence</li> <li>• Awe and Wonder</li> </ul>	<ul style="list-style-type: none"> <li>• Wisdom</li> <li>• Knowledge</li> <li>• Faith</li> <li>• Healing</li> <li>• Miracles</li> <li>• Prophecy</li> <li>• Discernment of spirits</li> <li>• Speaking in tongues</li> <li>• Interpretation of tongues</li> </ul>

### Fruits of the Holy Spirit

(Galatians 5:22-23 and CCC 1832)

Traditionally there are twelve fruits of the Holy Spirit. The fruits are the affect of the Holy Spirit in people's lives. To the nine fruits listed by St. Paul in Galatians 5:22-13, the Church has added three more.

Traditional	Contemporary
<ul style="list-style-type: none"> <li>• Love</li> <li>• Joy</li> <li>• Peace</li> <li>• Patience</li> <li>• Kindness</li> <li>• Goodness</li> <li>• Generosity</li> <li>• Gentleness</li> <li>• Faithfulness</li> <li>• Modesty</li> <li>• Self-control</li> <li>• Chastity</li> </ul>	<ul style="list-style-type: none"> <li>• Love</li> <li>• Joy</li> <li>• Peace</li> <li>• Patience</li> <li>• Kindness</li> <li>• Goodness</li> <li>• Faithfulness</li> <li>• Gentleness</li> <li>• Self-control</li> </ul>

